

**“TAKE-A-WALK” KIT**  
**TROOP 124**  
**SUNSET TRAIL DISTRICT**  
**CASCADE PACIFIC COUNCIL, B.S.A.**

This kit is essential for each scout and active scouter in our troop. Its purpose is to help you survive in a situation caused by an emergency or by an error on your part (you’re lost). It seems like hunters, fishermen, and scouts generally get themselves into trouble in the wilderness when they decide to just “take a walk.” Hence, the name for our kit.

Carry most of the following items in a strong nylon pouch which can be attached to your belt, or wear a fanny pack. It stays attached to you on all outings. Some items can be in your pockets. Included should be:

- \_\_\_ Scout knife, or Leatherman style tool , (Folding knives only - main blade approximately 3 inches long.)
- \_\_\_ compass
- \_\_\_ map of your activity area
- \_\_\_ wooden matches in waterproof containers
- \_\_\_ fire starter - small candle or paraffin soaked cloth squares
- \_\_\_ personal first aid kit with extra bandages
- \_\_\_ small extra flashlight with fresh batteries
- \_\_\_ energy bar(s)
- \_\_\_ survival blanket or plastic lawn/leaf bags
- \_\_\_ plastic whistle for calling rescuers

**OTHER ITEMS YOU MAY WANT TO CARRY**

- \_\_\_ plastic butane lighter
- \_\_\_ metal mirror for signaling rescuers
- \_\_\_ bee sting kit, if you’re allergic (TELL ADULT LEADERS)
- \_\_\_ asthma inhaler / medication if needed (TELL ADULT LEADERS)
- \_\_\_ sun protection - at least 15 SPF
- \_\_\_ pencil and small pad for emergency notes
- \_\_\_ 10’ of nylon cord
- \_\_\_ “Potable Aqua” water purification tablets
- \_\_\_ small cup or aluminum foil to make a drinking cup
- \_\_\_ Add other items you find necessary for survival

Some of these items are used regularly on outings. Your kit comes in handy for carrying them. NOW... **DON’T GET LOST! USE YOUR HEAD AND THE BUDDY SYSTEM!**