

TROOP 124 WEEKEND BACKPACK EQUIPMENT LIST

(Read Chapters 8 & 9 in your Scout Handbook)

<i>Wear and Carry on Belt or in Pockets</i>		<i>These are shared items which will be divided up and carried by all members.</i>
socks, wool, hiking		
socks, inner (liner), polypropylene		Patrol food for the weekend
hiking boots		stove(s) and extra fuel
hiking shorts, long pants or convertible		dining fly and nylon cord
- (zipper legged) pants. (weather determines)		cooking utensils and pot gripper
hat, brimmed		First Aid kit
Scout knife or Leatherman style tool		water filter pump and/or Potable Aqua tablets
sturdy long sleeved shirt		biodegradable dish soap
bandanna or handkerchief		dish brush
Band-aids		dunk bag(s)
TAKE-A-WALK KIT		garbage sacks
		light frying pan, if needed
	<i>In your pack:</i>	maps of hiking trail
extra wool hiking socks, 1 pair		
extra liner socks, 1 pair		<i>Optional Items:</i>
1 set underwear		hiking stave or trek poles
light wool or fleece shirt or sweater		sun glasses
jacket		strap for glasses
poncho or rain coat, & possibly rain pants		antibacterial wipes, travel packet sized
sleeping bag in waterproof stuff sack		seasonings for food
sleeping pad or mattress		watch with alarm
pack cover		fleece vest (polypropylene)
sack lunch and drink		backpacking stool
tent - split load with partner: one carries poles		in-camp shoes
- and tent. The other-stakes,rain fly, & ground sheet		sleeping cap, night clothes
eating utensils, usually just a spoon		
plastic bowl		This list may not contain certain items you may personally require. Remember, all extras you bring will be carried by you.
plastic or metal (bimetal) cup		
toothbrush & small toothpaste		
trail snacks		
toilet paper in a plastic bag - not a new roll		No electronic entertainment items are taken on any outings.
at least 10 feet of 1/8 inch nylon cord		
FULL water bottle or hydration system		REMEMBER:
small flashlight or headlamp with new batteries	* *	<i>Bring clothing appropriate for expected or possible weather.</i>
extra bulb & batteries for light		
"Potable Aqua" water purification tablets	* *	<i>Wool and polypropylene are always better than cotton in wet weather.</i>
cook pot (#10 sized can with wire bale)		
personal medications (TELL ADULT LEADERS)	* *	<i>Use plastic bags to protect gear from rain.</i>
small soap & small hand towel		
blister & foot care supplies	!!!	DO NOT USE THIS LIST FOR SNOW OUTINGS.
insect repellent		
sun block SPF 15 or higher		